MAKTABGACHA VA MAKTAB TA'LIMI VAZIRLIGI

MAKTABGACHA VA MAKTAB TA'LIMI VAZIRLIGI

HARAKATLI O'YINLAR KARTOTEKASI

O'RTA GURUH

NAMUNA

O’RTA GURUHLARDA O’YNALADIGAN HARAKATLI O’YINLAR

№	[illegible]
[illegible]	[illegible]
[illegible]	[illegible]lar
3	[illegible] tov[illegible]
4	Ch[illegible]sm[illegible]
5	Qoro[illegible]ul
6	Kim ko‘p[illegible]na [illegible]
7	Xaltachani [illegible]
8	Keglini urib yiqit[illegible]
9	To‘pni ilib ol
10	Buyumni saqla
11	Yelkaga tegizib irg‘itish
12	Chaqqon bug‘u ovchisi
13	Toping-chi nima qichqirayapti
14	O‘z o‘yingni top
15	Baraban
16	Ona tovuq
17	Tulki va tovuqlar
18	Obruchlarni yumalatish
19	Kim chaqqon

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20	**Kim birinchi**
21	**Turnalar**
22	**O‘yinchoqni top**
23	**Ro‘molchani top**
24	**Predmetni izlab top**
25	**Ko‘r ayiq**
26	**Tayoqchani izlab topish**
27	**To‘p bilan o‘ynaladigan o‘yinlar**
28	**To‘pni uzoqroqqa irg‘it**
29	**To‘pni ilib ol**
30	**To‘pni ilib ot va ilib ol**
31	**To‘pni baland qilib irg‘it**
32	**Ip ustidan irg‘itish**
33	**To‘g‘ri mo‘ljalga ol**
34	**Obruchga tushurgin**

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HARAKATLI O‘YINLAR MAZMUNI

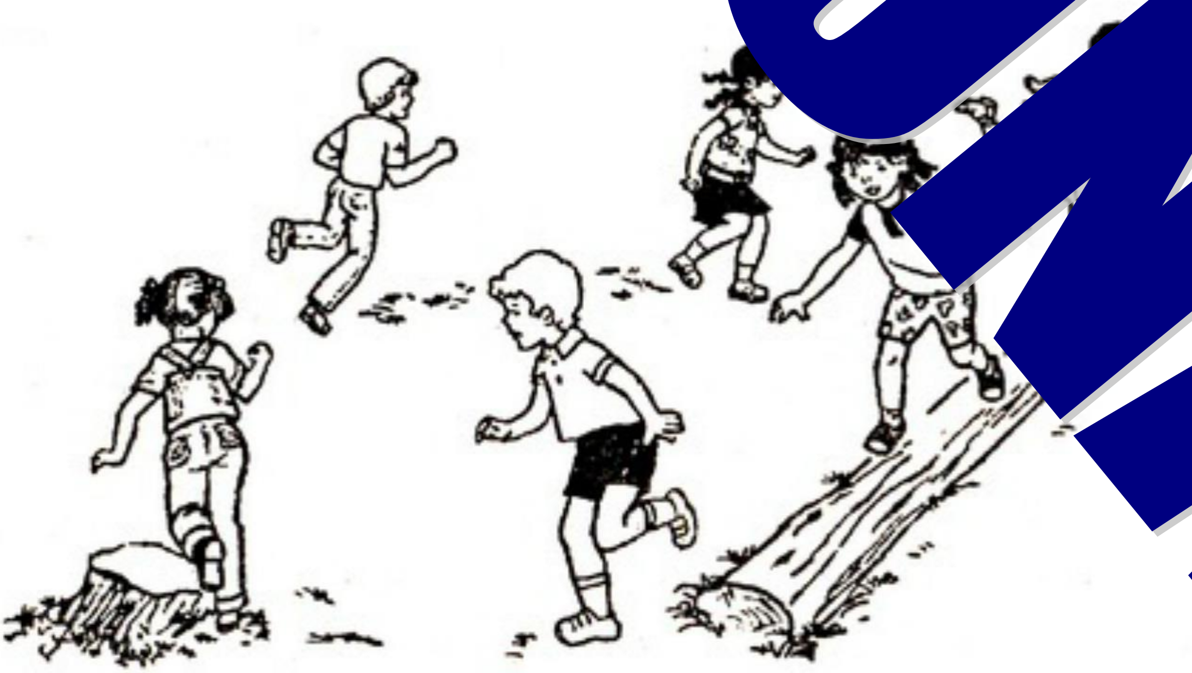
O‘rmalab [illegible]‘tish va tirmashib chiqish o‘yinlari

Ehtiyot bo‘l

KO‘R[illegible]AR[illegible]la stulga chiqish vaqtida tarbiyachi y[illegible] Emaklash vaqtida shoshilmasdan emaklash[illegible]. Bola[illegible]n engashgan holda ham yurishi mumki[illegible]

O‘YIN M[illegible] C[illegible]angan va erdan (15-20 sm) balandlikda [illegible]ashg[illegible]h, ehtiyotkorlikka va epchilikka o‘rgat[illegible]

Bolalar uzunasiga [illegible]arida turadilar. Tarbiyachining ko‘rsat[illegible]arning ustidan to‘rt oyoqlab (qo‘l va [illegible] hol[illegible]) emaklab borishadi. Stulning oxirigacha [illegible] b[illegible]radi va sakrab erga tushishi kerak.



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Quyonchalar

KO‘RSATMALAR. Stullardan yoki yarim doiralardan foydalanish mu[illegible]n, ularning tagidan emaklab o‘tadilar. Ustunga o‘[illegible] yog‘ochdan yoki ikki ustunga tarang qilib bog‘la[illegible]da[illegible]ashib yoki emaklab o‘tish mumkin. Bol[illegible] bir-birlarini itarishmasliklari zarur. Tarbiyach[illegible]ning [illegible]katlarini kuzatib turadi. Maydonc[illegible]g (b[illegible]moniga bo‘r bilan (5-6) ta doirachalar c[illegible]yil[illegible]adi. Bu quyonlar uchun inlar bo‘ladi. Ularni[illegible] o[illegible]chal[illegible]iladi. Qarama-qarshi tomonda qorovulni[illegible] bo‘[illegible]ni o‘tirgan stul). Uy bilan quyonlar o‘rta[illegible]da[illegible]nlar shu erga chiqib o‘ynashadi. Ta[illegible]ach[illegible]ok etuvchi bolalarni gurux-guruxga bo[illegible]a[illegible]uruh[illegible]3-4 bola bo‘lib, polga chizilgan doiracha[illegible]bitta[illegible]aydilar. Bolalar tarbiyachining ko‘rsatmas[illegible]lan [illegible]lar (quyonlar doira ichida). Tarbiyachi n[illegible]lar[illegible]iga kelib ularni o‘tloqqa qo‘yib yuboradi. [illegible]in-[illegible] inlaridan doira ichidan emaklab chiqadilar, [illegible] so‘ng yugurib ketadilar va o‘tloqda irg‘ish[illegible] chopqillab o‘ynashadilar. Oradan bir muncha va[illegible] o‘[illegible] keyin tarbiyachi: “Kataklaringizga yuguring”, [illegible]. Quyonlar shoshiladilar. Har biri o‘z katagiga qaytib, ya[illegible] st[illegible] ostidan emaklab o‘tadi. Qorovul ularni yana o‘yna[illegible] chaqirib yubormagunicha kataklarida o‘tirishadi. O‘yin uch-to‘rt marta takrorlanadi.

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Kurk tovuq va jo‘jalar

KO‘RSATMALAR. Jo‘jalar katta qushdan qo‘rqib uylariga qochib kelayotgan[illegible]rida tarbiyachi bolalarning arqonchaga urilib ketmasli[illegible]chun ularni kutib turadi. Keyinchalik, bolalar to[illegible] q[illegible] rolini o‘zlari bajarishlari mumkin.

O‘YI[illegible]rning diqqatini, kuzatuvchanligini o‘stiris[illegible]

O‘yinda [illegible]yotg[illegible] jo‘jalarni, tarbiyachi esa tovuqni ifod[illegible] va jo‘jalar o‘z uylarida bo‘lishadi. Ustu[illegible]rasida [illegible]-40 sm, balandlikda arqoncha tortilgan b[illegible]o‘jal[illegible] hisoblanadi. Bir chekkada (uyning [illegible]da[illegible]anir[illegible] eng chetki tomonida) katta qush y[illegible]. [illegible]qonchaning tagidan engashib o‘tadi va bol[illegible] ke[illegible]adi. Don topgach bolalarini “qu-qu-qu” deb [illegible]. U[illegible]ozini eshitib jo‘jalar ham arqon ta[illegible] o‘[illegible] ti[illegible]di. Tovuqning yoniga “chi-chi-chi” deb yu[illegible]. H[illegible] birga o‘ynashadilar, engashadilar, ch[illegible]ayi[illegible]nadi[illegible] sakrab-sakrab qanot qoqadilar va [illegible] qi[illegible] Tarbiyachining: “Katta qush uchib kelyapti”, [illegible] so‘zlarini eshitib, hamma jo‘jalar tezlik bilan qoc[illegible]ta[illegible] va uylariga yashirinadilar. O‘yin uch-to‘rt marta takrorl[illegible]

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veb-saytimiz: Zokirjon.com

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Telegramda murojaatingizga o'z vaqtida javob beriladi.

O'rta guruhlarga Harakatli o'yinlar kartotekasini to'liq holda olish uchun telegramdan yozing.

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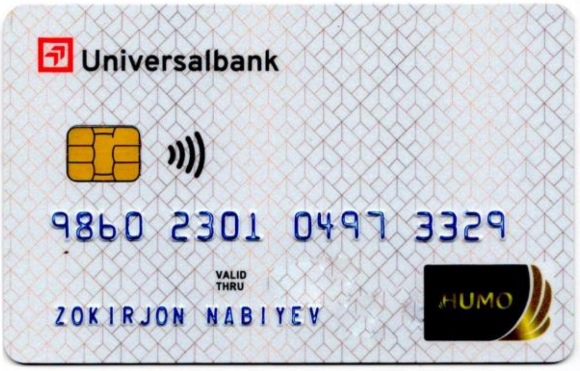
@maktabgacha_tt

To'lov uchun: HUMO 9860230104973329

Plastik egasi Nabiyev Zokirjon



DIQQAT!!!

Sizga bu OMONAT qilib beriladi.
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Faqat o'zingiz uchun foydalaning.
Hech kimga bermang hattoki eng yaqin insoningizga ham.
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Kanal va gruppalarga tarqatmang.

OMONATGA HIYONAT QILMANG.